

# Psychology 2550A, Section 550 Introduction to Personality Theory and Research Fall 2020

# 1.0 BASIC COURSE INFORMATION

Prerequisite(s): Antirequisite(s):	At least 60% in a 1000-level Psychology course Psychology 2050, if taken before 2016
Instructor:	Anita Feher
E-mail address:	afeher2@uwo.ca
Course website:	https://owl.uwo.ca/portal/site/
Scheduled classes:	Wednesday evenings 6:30PM – 9:30PM (EDT/EST)
Class Location:	Online lectures
Office hours:	Office hours by appointment. Please email me if you have questions or if you would like to set up a meeting.

# 2.0 COURSE DESCRIPTION

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This course covers the history, methodology, and content of the study of personality and individual differences. Topics that will be covered in the course include an introduction to personality theories, an examination of frequently studied personality and individual difference variables, and a consideration of current research and assessment methods.

# 3.0 COURSE LEARNING OBJECTIVES

Throughout the course, students will develop knowledge, understanding, and the ability to critically evaluate personality-relevant material:

- ✓ PERSONALITY THEORIES: By the end of this course students will be able to discuss, compare, and critically examine major personality theories and how they were developed, and also how they are relevant to modern society and social concerns.
- ✓ PERSONALITY TRAITS: By the end of this course students will understand and be able to compare and contrast commonly assessed personality traits and

individual difference variables, and will also be able to discuss intrapersonal and interpersonal outcomes associated with these variables.

- ✓ PERSONALITY RESEARCH: By the end of the course students will have a comprehensive understanding of how personality research in psychology is conducted, and be able to compare various personality assessment methods and personality-relevant research designs.
- ✓ REAL WORLD APPLICATIONS: By the end of this course students will be able to understand how classroom material applies to real world outcomes and how classroom material connects to life experiences.

### 4.0 DESCRIPTION OF CLASS METHODS

**LECTURES:** The course format will consist of live lectures (i.e., synchronous lectures) hosted every week via Zoom. Zoom is a video conferencing service supported by Western University; therefore, every Western student has free access. Each week I will post a Zoom link on OWL, and you will click on that link to join the Zoom meeting and listen and participate in the lecture. There are no labs or tutorials.

What if you cannot attend a synchronous lecture? Don't worry! To accommodate individuals who were not able to attend the Zoom lecture or were having technical issues during the lecture, I will be uploading a detailed version of the lecture PowerPoint slides after every class on OWL. This detailed PowerPoint will contain comprehensive notes and/or audio recordings for every slide, giving you a good overview of that lecture and covering all the necessary information.

**OWL COURE SITE:** Outlines of the course, lecture PowerPoint slides, other classroom materials, and grades will all be posted on the course website on OWL. I will also be regularly posting announcements on OWL, so please be sure to check OWL regularly for announcements or changes to the lecture schedule. If you have trouble accessing OWL, please send me an e-mail.

**CONTACT:** I have provided multiple ways to get into contact with me if you have questions or would like to discuss something. If you have a general question, you can post it in the "General Discussions" Forum on OWL. If you have a specific or personal question, feel free to send me an email. Please put "PSYCH 2550 EMAIL" as the subject line for all emails. You can also email me to set up office hours.

**ACCOMODATIONS:** If you are having any issues or require any accommodations, please make sure to contact me as soon as possible and before any deadlines. Please also refer to Huron's Policies regarding Academic Considerations and receiving Accommodations.

**COPYRIGHT:** Please note that all classroom material including, but not limited to, lectures, PowerPoint slides, readings, and all evaluations are subject to copyright. It is forbidden to record lectures, share classroom material with individuals outside of the course, share classroom material in any public domain, upload classroom material online, sell classroom material to any student or other third party, or distribute classroom material in any manner without the explicit permission of the course instructor.

# 5.0 TEXTBOOKS AND OTHER REQUIRED RESOURCES

The following textbook will be used for this course:

**Title:** Personality Psychology: Domains of Knowledge About Human Nature **Authors:** Randy J. Larsen, David M. Buss, David King, Carolyn Ensley **Edition:** 2nd Canadian Edition (this edition is required)

Link to textbook on UWO Bookstore: https://bookstore.uwo.ca/product/cebcodeid31917

Please note that the for this course, the **online version** (with Connect access) of the textbook is **required**. Details about the readings and weekly quizzes will be available through this site. This site also has a lot of interactive components that help with increasing understanding about the content covered in the textbook.

# 6.0 METHOD OF EVALUATION

Midterm Exam:	32%	(Due: October 21, 2020 before 11:55pm)
Final Exam:	32%	(Due: Final Exam Period)
10 Weekly Quizzes:	10%	(Due: Every week on Sunday before 11:59 pm)
Research Proposal:	20%	(Due: November 27, 2020 before 11:55pm)
Participation:	6%	(Due: Throughout the course)

Students at Huron University College should consider a grade in the range from 70-74 to be evidence of satisfactory performance in a 2100-level Psychology course. Grades in the B+ (75-79) or A (80-89%) ranges will only be awarded for performance that is demonstrably superior to the second-year standard associated with the Major or Minor modules. A grade of A+ (90-100%) will only be awarded very rarely and only for work that is truly exceptional.

# Midterm & Final Exam (Total Worth: 64%)

Both the Midterm and Final Exam (each worth 32%) will be **take home format, openbook exams** containing short-answer and long-answer questions. Exam questions will ask you to write responses that describe, apply, compare and contrast, or evaluate classroom material (including lecture material and readings). Each exam will cover the lecture units leading up to that exam session. The exams are designed to be noncumulative. However, due to the nature of the field of psychology, there may be overlap in concepts, ideas, and continuity of theory. Please note that take home format exams are not considered traditional exams.

Exams will be open-book so you will have access to all your readings, lecture materials, and notes. However, it is important that you work on this exam alone, and that you write all of your answers completely using your own words (you will be asked to submit the exam through Turnitin). Graded exams will not be returned to the students, although the scoring for a given exam can be checked with the instructor.

Exams should be completed in 3 hours or less, however I have provided more time to accommodate any time zone differences, work-life conflicts, or any other issues. Exams will be posted in the morning at 12:05 am on the day they are scheduled, and you will have until before 11:55 pm that evening to complete and submit them.

# **10** Weekly Quizzes (Total Worth: 10%)

After class, I will post a short multiple-choice quiz for you to complete that covers that week's readings and lecture material. This is a good way to assess if you've understood that week's material. Each quiz is worth 1% of your total grade.

There will be a total of 11 quizzes throughout the course, but **you are only required to complete 10 quizzes**. I will be marking the first 10 quizzes you complete, therefore you are allowed to miss one quiz.

The multiple-choice quizzes are timed, and once you begin you will have 30 minutes to complete the quiz.

Quizzes will be posted after class on Wednesdays. Each week there is a quiz, you will have between Wednesday at 9:30 pm and Sunday before 11:59 pm of that week to do the quiz (e.g., Week 1, Quiz 1 will be assigned September 9<sup>th</sup> at 9:30 pm and will need to be completed before 11:59 pm on Sunday September 13<sup>th</sup>).

# **Research Proposal (Total Worth: 20%):**

The brief research proposal (four pages double-spaced in length) will give students the opportunity to apply what was learned in class and develop their own ideas for a research study in the area of Personality Psychology. This is a useful exercise that will help students to start thinking as creators of knowledge, and help prepare students for any future psychology research work.

For the research proposal, students will be asked to come up with a novel idea for a psychology research study. The research topic has to be relevant to the area of Personality Psychology and can include any of the personality variables discussed in class or any personality variables approved by the course instructor. The research design

of the proposed study can be quantitative or qualitative in nature. A research proposal rubric outlining the marking scheme will be provided to students.

# Participation (Total Worth: 6%):

Active involvement, responding to questions, and participating in discussions are strongly encouraged during synchronous class lectures. Students who participate frequently every lecture, are polite, and provide thoughtful responses will receive full marks for participation.

*Individuals who were not able to attend or participate in a synchronous lecture* will be provided with an alternative way to participate each class. Each week after class, I will be posting discussion questions on OWL (under "Forums" tab on OWL website). Students will be able to provide polite and thoughtful answers to some or all of these discussion questions, as well as reply to what other classmates or the instructor wrote or responded. Students who are using this alternative form of participation will have one week to participate on OWL after each class (before the next class).

# 7.0 LECTURE SCHEDULE

The following schedule is a guideline only and may be subject to change. Please ensure you monitor announcements on OWL in order to receive updates about any revisions.

Week	Class Date	Lecture Topic	Readings	Assessment
1	September 9	Introduction to the Course & Personality	Chapter 1	<b>Quiz 1</b> (Worth: 1%)
2	September 16	Studying Personality	Chapter 2	<b>Quiz 2</b> (Worth: 1%)
3	September 23	Personality Theories 1: Psychodynamic Theories	Chapter 9	<b>Quiz 3</b> (Worth: 1%)
4	September 30	Personality Theories 2: Behaviorist and Social-Cognitive Theories	<b>Quiz 4</b> (Worth: 1%)	
5	October 7	Personality Theories 3: HumanisticChapter 11Theoriespages 351-366		<b>Quiz 5</b> (Worth: 1%)
6	October 14	Personality Theories 4: Trait Theories Chapter 3		<b>Quiz 6</b> (Worth: 1%)
7	October 21			Midterm Exam Worth: 32%
8	October 28	Answering Questions About Personality	Chapter 4+5 select pages TBA	<b>Quiz 7</b> (Worth: 1%)
9	November 2 – November 8	Fall Reading Week: No University Classes Scheduled		
10	November 11	Personality & Self	Chapter 14	<b>Quiz 8</b> (Worth: 1%)
11	November 18	Personality & Others	S Chapter 15 Quit select pages TBA	
12	November 25	Personality & Health Chapter 18+19 select pages TBA		Quiz 10 (Worth: 1%) + Research Proposal (Worth: 20%)
13	December 2	Intelligence (Guest Lecture: Dr. Tony Vernon) and Emotional Intelligence pages 430-430		Quiz 11 (Worth: 1%)
14	December 9	Applications of Personality	No readings	
	During final exam period			Final Exam Worth: 32%

# 8.0 GENERAL POLICIES



# Appendix to Course Outlines: Academic Policies & Regulations 2020 - 2021

#### **Prerequisite and Antirequisite Information**

Students are responsible for ensuring that they have successfully completed all course prerequisites and that they have not completed any course antirequisites. Unless you have either the requisites for this course or written special permission from your Dean to enrol in it without them, you may be removed from this course and it will be deleted from your record. If you enrol in this course despite having already taken an antirequisite you may be removed from this course and it will be deleted from your record. Removals for these reasons may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites or for having already taken the antirequisites.

#### **Conduct of Students in Classes, Lectures, and Seminars**

Membership in the community of Huron University College and Western University implies acceptance by every student of the principle of respect for the rights, responsibilities, dignity and well-being of others and a readiness to support an environment conducive to the intellectual and personal growth of all who study, work and live within it. Upon registration, students assume the responsibilities that such registration entails. The academic and social privileges granted to each student are conditional upon the fulfillment of these responsibilities.

While in the physical classroom or online classroom, students are expected to behave in a manner that supports the learning environment of others. Students can avoid any unnecessary disruption of the class by arriving in sufficient time and ready for the start of the class, by remaining silent while the professor is speaking or another student has the floor, and by taking care of personal needs prior to the start of class. If a student is late, or knows that he/she will have to leave class early, be courteous: enter and leave quietly. Please see the Code of Student Conduct at: www.huronuc.on.ca/sites/default/files/pdfs/Code%20of%20Student%20Conduct.pdf.

#### Technology

It is not appropriate to use technology (such as, but not limited to, laptops, cell phones) in the classroom for non-classroom activities. Such activity is disruptive and distracting to other students and to the instructor, and can inhibit learning. Students are expected to respect the classroom environment and to refrain from inappropriate use of technology and other electronic devices in class.

### Adding / Dropping Courses

If you think that you are too far behind to catch up or that your workload is not manageable, you should consult your Academic Advisor. If you are considering reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines. Please refer to the Huron website, <a href="https://huronatwestern.ca/academic-advising">https://huronatwestern.ca/academic-advising</a> or review the list of official Sessional Dates on the Academic Calendar, available here: <a href="http://www.westerncalendar.uwo.ca/SessionalDates.cfm">http://www.westerncalendar.uwo.ca/SessionalDates.cfm</a>.

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. Note that dropping a course may affect OSAP and/or Scholarship/Bursary eligibility.

### **Class Cancellations**

In the event of a cancellation of class, every effort will be made to post all relevant information on the OWL class site and on the Huron website at, <u>https://huronatwestern.ca/about/accessibility</u>.

### **Attendance Regulations for Examinations**

A student is entitled to be examined in courses in which registration is maintained, subject to the following limitations:

1) A student may be debarred from writing the final examination for failure to maintain satisfactory academic standing throughout the year.

2) Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course will be reported to the Dean of the Faculty offering the course (after due warning has been given). On the recommendation of the Department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course. The Dean of the Faculty offering the course will communicate that decision to the Dean of the Faculty of registration.

Please see the policy on Attendance Regulations for Examinations here: <u>https://www.uwo.ca/univsec/pdf/academic\_policies/exam/attendance.pdf</u>.

#### Academic Student Support Services

For advice on course selections, degree requirements, and for assistance with requests for medical accommodation, students should email an Academic Advisor in Huron's Student Support Services at

<u>huronsss@uwo.ca</u>. An outline of the range of services offered is found on the Huron website at: <u>https://huronatwestern.ca/academic-advising</u>.

Department Chairs, Program Directors and Coordinators are also able to answer questions about individual programs. Contact information can be found on the Huron website at: <u>https://huronatwestern.ca/contact/contact-directory</u>.

# **Copyright Regarding Course Material**

Lectures and course materials, including PowerPoint presentations, tests, outlines, and similar materials are protected by copyright. Faculty members are the exclusive owner of copyright in those materials they create. Students may take notes and make copies for their own use. Students may not allow others to reproduce or distribute lecture notes and course materials publicly (whether or not a fee is charged) without the express written consent of a faculty member. Similarly, students own copyright in their own original papers and exam essays. If a faculty member is interested in posting a student's answers or papers on the course website he/she should ask for the student's written permission.

### **Statement on Academic Integrity**

The International Centre for Academic Integrity defines academic integrity as "a commitment, even in the face of adversity, to five fundamental values: honesty, trust, fairness, respect, and responsibility. From these values flow principles of behaviour that enable academic communities to translate ideals to action." (CAI Fundamental Values Project, 1999).

A lack of academic integrity is indicated by such behaviours as the following:

- Cheating on tests;
- Fraudulent submissions online;
- Plagiarism in papers submitted (including failure to cite and piecing together unattributed sources);
- Unauthorized resubmission of course work to a different course;
- Helping someone else cheat;
- Unauthorized collaboration;
- Fabrication of results or sources;
- Purchasing work and representing it as one's own.

### **Academic Integrity: Importance and Impact**

Being at university means engaging with a variety of communities in the pursuit and sharing of knowledge and understanding in ways that are clear, respectful, efficient, and productive. University communities have established norms of academic integrity to ensure responsible, honest, and ethical behavior in the academic work of the university, which is best done when sources of ideas are properly and fully acknowledged and when responsibility for ideas is fully and accurately represented.

In the academic sphere, unacknowledged use of another's work or ideas is not only an offence against the community of scholars, it is also an obstacle to academic productivity. It may also be understood as fraud and may constitute an infringement of legal copyright.

A university is a place for fulfilling one's potential and challenging oneself, and this means rising to challenges rather than finding ways around them. The achievements in an individual's university studies can only be fairly evaluated quantitatively through true and honest representation of the actual learning done by the student. Equity in assessment for all students is ensured through fair representation of the efforts by each.

Acting with integrity at university constitutes a good set of practices for maintaining integrity in later life. Offences against academic integrity are therefore taken very seriously as part of the university's work in preparing students to serve, lead, and innovate in the world at large.

A university degree is a significant investment of an individual's, and the public's, time, energies, and resources in the future, and habits of academic integrity protect that investment by preserving the university's reputation and ensuring public confidence in higher education.

Students found guilty of plagiarism will suffer consequences ranging from a grade reduction, to failure in the course, to expulsion from the university. In addition, a formal letter documenting the offence will be filed in the Dean's Office, and this record of the offence will be retained in the Dean's Office for the duration of the student's academic career at Huron University College.

#### **Statement on Academic Offences**

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, as per the Academic Calendar: <a href="http://www.westerncalendar.uwo.ca/PolicyPages.cfm?PolicyCategoryID=1&Command=showCategory&SelectedCalendar=Live&ArchiveID=#SubHeading\_189">http://www.westerncalendar.uwo.ca/PolicyPages.cfm?PolicyCategoryID=1&Command=showCategory&SelectedCalendar=Live&ArchiveID=#SubHeading\_189</a> .

### <u>Turnitin.com</u>

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com (https://www.turnitin.com/).

#### Computer-Marked Tests/exams

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating.

### **Clickers**

Personal Response Systems ("clickers") may be used in some classes. If clickers are to be used in a class, it is the responsibility of the student to ensure that the device is activated and functional. Students must see their instructor if they have any concerns about whether the clicker is malfunctioning. Students must use only their own clicker. If clicker records are used to compute a portion of the course grade:

• the use of somebody else's clicker in class constitutes a scholastic offence

• the possession of a clicker belonging to another student will be interpreted as an attempt to commit a scholastic offence.

#### Academic Accommodation for Students With Disabilities

Students who require **special** accommodation for tests and/or other course components must make the appropriate arrangements with the Student Development Centre (SDC). Further details concerning policies and procedures may be found at: <u>http://academicsupport.uwo.ca/</u>.

Please review the full policy at,

https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/Academic%20Accommodation\_disabilities.pdf.

#### Academic Consideration for Missed Work

Students who are seeking academic consideration for missed work during the semester may submit a selfreported absence form online provided that the absence is 48 hours or less and the other conditions specified in the Senate policy at

https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/Academic\_Consideration\_for\_absences.pdf are met.

Students whose absences are expected to last longer than 48 hours, or where the other conditions detailed in the policy are not met (e.g., work is worth more than 30% of the final grade, the student has already used 2 self-reported absences, the absence is during the final exam period), may receive academic consideration by submitting a Student Medical Certificate (for illness) or other appropriate documentation (for compassionate grounds). The Student Medical Certificate is available online at https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/medicalform.pdf .

All students pursuing academic consideration, regardless of type, must contact their instructors no less than 24 hours following the end of the period of absence to clarify how they will be expected to fulfill the academic responsibilities missed during their absence. **Students are reminded that they should consider carefully the implications of postponing tests or midterm exams or delaying submission of work, and are encouraged to make appropriate decisions based on their specific circumstances.** 

Students who have conditions for which academic accommodation is appropriate, such as disabilities or ongoing or chronic health conditions, should work with Accessible Education Services to determine appropriate forms of accommodation.

#### **Requests for Academic Consideration Using the Self-Reported Absence Form**

Students who experience an unexpected illness or injury or an extenuating circumstance (48 hours or less) that is sufficiently severe to temporarily render them unable to meet academic requirements (e.g., attending lectures or labs, writing tests or midterm exams, completing and submitting assignments, participating in presentations) should self-declare using the online Self-Reported Absence portal. This option should be used in situations where the student expects to resume academic responsibilities within 48 hours or less.

Please note the following conditions that are in place for self-reporting of medical or extenuating circumstances:

- Students will be allowed **a maximum of two self-reported absences** between September and April and one self-reported absence between May and August;
- Any absences in excess of the number designated in clause a above, regardless of duration, will require students to present a <u>Student Medical Certificate (SMC)</u>, signed by a licensed medical or mental health practitioner, detailing the duration and severity of illness, or appropriate documentation supporting extenuating circumstances to the Academic Counselling unit in their Faculty of registration no later than two business days after the date specified for resuming responsibilities.
- Self-reported absences will not be allowed for scheduled final examinations; for midterm examinations scheduled during the December examination period; or for final lab examinations scheduled during the final week of term.
- Self-reporting may not be used for assessments (e.g. midterm exams, tests, reports, presentations, or essays) worth more than 30% of any given course.
- Students must be in touch with their instructors **no later than 24 hours after the end of the period covered by the Self-Reported Absence form**, to clarify how they will be expected to fulfil the academic expectations they may have missed during the absence.

Please review the full policy at, <u>https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/accommodation\_illness.pdf</u>.

### Policy on "Academic" Accommodation - Medical / Non-Medical Grounds

(a) <u>Medical Grounds</u> for assignments *worth 10% or more of final grade*: Go directly to Huron Support Services/ Academic Advising, or email <u>huronsss@uwo.ca</u>.

University Senate policy, which can be found at,

<u>https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/accommodation\_medical.pdf</u>, requires that all student requests for accommodation on medical grounds for assignments worth 10% or more of the final grade be made directly to the academic advising office of the home faculty (for Huron students, the "home faculty" is Huron), with supporting documentation in the form (minimally) of the Senate-approved Student Medical Certificate found at:

https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/medicalform.pdf .

The documentation is submitted in confidence and will not be shown to instructors. The advisors will contact the instructor when the medical documentation is received, and will outline the severity and duration of the medical challenge as expressed on the Student Medical Certificate and in any other supporting documentation. The student will be informed that the instructor has been notified of the presence of medical documentation, and will be instructed to work as quickly as possible with the instructor on an agreement for accommodation.

The instructor will not normally deny accommodation where appropriate medical documentation is in place and where the duration it describes aligns with the due date(s) of assignment(s). Before denying a request for accommodation on medical grounds, the instructor will consult with the Dean. The instructor's decision is appealable to the Dean.

### (b) Accommodation on <u>Medical Grounds</u> for assignments worth *less than 10%* of final grade: Consult Instructor Directly

When seeking accommodation on medical grounds for assignments worth less than 10% of the final course grade, the student should contact the instructor directly. The student need only share broad outlines of the medical situation. The instructor **may** require the student to submit documentation to the academic advisors, in which case she or he will advise the student and inform the academic advisors to expect documentation. The instructor may <u>not</u> collect medical documentation. The advisors will contact the instructor when the medical documentation is received, and will outline the severity and duration of the medical challenge as expressed on the Student Medical Certificate and in any other supporting documentation. The student will be informed that the instructor has been notified of the presence of medical documentation, and will be instructed to work as quickly as possible with the instructor on an agreement for accommodation.

The instructor will not normally deny accommodation where appropriate medical documentation is in place and where the duration it describes aligns with the due date(s) of assignment(s). Before denying a request for accommodation on medical grounds, the instructor will consult with the Dean. The instructor's decision is appealable to the Dean.

### (c) <u>Non-Medical Grounds</u>: Consult Huron Support Services/ Academic Advising

Where the grounds for seeking accommodation are not medical (e.g. varsity sports, religious, compassionate, bereavement) the student should contact an academic advisor directly. All accommodation requests must include a completed <u>Accommodation Request Form</u>. Late penalties may apply at the discretion of the instructor.

Where a student seeks accommodation on non-medical grounds where confidentiality is a concern, the student should approach an academic advisor with any documentation available. The advisors will contact the instructor after the student's request is received, and will outline the severity and duration of the challenge without breaching confidence. The student will be informed that the instructor has been notified that significant circumstances are affecting or have affected the student's ability to complete work, and the student will be instructed to work as quickly as possible with the instructor on an agreement for accommodation. Before denying a request for accommodation where documentation has been submitted to an academic advisor, the instructor will consult with the Dean. The instructor's decision is appealable to the Dean.

### Mental Health & Wellness Support at Huron and Western

University students may encounter setbacks from time to time that can impact academic performance. Huron offers a variety of services that are here to support your success and wellbeing. Please visit <u>https://huronatwestern.ca/student-life-campus/student-services/wellness-safety</u> for more information or contact staff directly:

Wellness Services: <u>huronwellness@huron.uwo.ca</u> Community Safety Office: <u>safety@huron.uwo.ca</u> Chaplaincy: <u>gthorne@huron.uwo.ca</u>

Additional supports for Health and Wellness may be found and accessed at Western through, <u>www.uwo.ca/uwocom/mentalhealth/</u>.

### **Important Dates & Directory**

For a current and up-to-date list of important dates and campus directories, please visit:

- Huron Important Dates: <u>https://huronuc.ca/important-dates-and-deadlines</u>
- Academic Calendar & Sessional Dates: <u>http://www.westerncalendar.uwo.ca/SessionalDates.cfm</u>
- Huron Directory Faculty, Staff and Administration: https://huronuc.ca/index.php/contact/contact-directory
- Western Directory Faculty, Staff and Administration: <u>https://www.uwo.ca/directory.html</u>