

Lunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Country Bean and Veg	Tomato Basil	Potato Leek	Cream Of Chicken	Manhattan Clam Chowder	Chicken Veg	Tomato Rice and Veg Soup
	Classic Chicken Noodle	Beef Barley	Italian Wedding	Thai Vegetable Soup	Beef and Rice Soup	Carrot Ginger Soup	French Onion
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
	Cobb Pasta Salad	Pesto Pasta Salad	Orzo Salad	Strawberry Avocado Salad	Macaroni Salad	Caprese Pasta Salad	Greek Pasta Salad
	Waldorf-Style Potato Salad	Deviled Egg Potato	Roasted Sweet Potato Salad	Fingerling Potato Salad with Bacon and Sundried Tomato	Texas Style Potato Salad	Green Bean Potato Salad	Dill Pickle Potato Salad
	Creamy Broccoli Salad	Apple Harvest Salad	Tomato Cucumber Salad	Black Bean Corn Salad	Falafel and Kale Salad	Creamy Coleslaw	Four Bean Salad
Deli	Build your own	Build your own	Build your own	Build your own	Build your own	Build your own	Build your own
Deli Special	Roast Beef with Horseradish Cream Cheese	Peanut Sauce Chicken Pita	Asian Style Ham Sandwich	Crunchy Veggie Wrap	Greek Chicken Salad Pita		
Comfort Food	Swedish Meatballs	Chicken Pot Pie	Sweet and Sour Chicken balls	Build Your own Taco	Shepard's Pie	Lasagna	Mac and cheese
	White Rice	Brown Rice	Fried Rice	Taco Beef	Glazed Carrots	Mixed Veg	Broccoli
	Braised Chicken and Vegetables	Baked Fish Almandine	Vegetarian egg roll	Cajun Chicken	Beef Stir Fry	Cod Florentine	Honey Garlic Ribs
	Baked Tilapia	Roasted Turkey with Gravy	Grilled Pesto Salmon	Baked Lemon Herb Chicken	Herb crusted Cod	Haddock with pineapple Salsa	BBQ Chicken Legs
				Sautéed Vegetables			
Vegetarian / Vegan	Sesame Crusted Tofu	Italian Herb Frittata	Indian Butternut Squash Curry	Matar Paneer	Broccoli Cheese Pasta Bake	Veggie lasagna	Falafel & Pita w/Tzatziki
	Ratatouille Stuffed Eggplant	Green Beans	Basmati Rice	Maple Glazed Carrots	Rice	Rice Pilaf	Brown Rice
	Cauliflower	Black Bean Burger	Vegetarian Club	Sweet and Sour Veggie Meat Balls W/ Rice	Moroccan Chick Pea Stew	Black Bean & Sweet Potato Stew	Vegetarian Chili
Grill	Garlic Mushroom Burger with Goat Cheese	Hamburger	Chef Josh's Burger	Hamburger	Cheesy Burger	Hamburger	Burger with
	Grilled Cheese	Italian Sausage and peppers	Grilled Cheese	Chicken Fingers	Grilled Cheese	Buffalo Chicken Burger	Grilled Cheese
	Chicken burger	Salmon Burger	Chili Dog	Grilled Rueben	Fish & Chips	Hot Dog	Cheese Quesadilla
	Fries	Sweet Fries	Fries	Onion Rings	Fries	Spicy Potato Wedge	Fries
Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
	Mediterranean Vegetarian Pizza	Meat Lovers Pizza	Margherita Vegetarian Pizza	BBQ Chicken Pizza	Vegetarian Pizza	Hawaiian Pizza	Grilled Vegetable vegetarian Pizza
	Roasted mushroom, spinach, feta Calzone	Bruschetta Calzone	Lasagna Calzone	Grilled Veggie Calzone	Hamburger Cheesy Calzone	BBQ Chicken Calzone	Italian Calzone

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Entrée	Beef Stew	Jerk Chicken	Meatloaf and Gravy	BBQ Chicken Legs	Cajun Tilapia	Greek Chicken	Grilled Salmon
	Brown Rice	Mashed Sweet Potato	Boiled Potatoes	White Rice	Mexican rice	Lemon Rice	Roasted Potatoes
	Citrus Baked Haddock	Blackened Salmon	Chicken Thighs with a Mushroom Cream Sauce	Asparagus Wrapped with Sole	Jambalaya	pistachio Crusted Cod	Sausage and Broccolini stuffed Ravioli
Rotisserie	Marinated Garlic Chicken	Slow Roasted Brisket with Sautéed Herbed Pepper	Roast lamb	Marinated Beef Brisket	Whole Chicken	Marinated Pork Loin	Roast Beef
Vegetarian / Vegan	Broccoli & Cheddar Bake	Sri Lankan Carrot Curry	Penne Pasta with Sundried Tomato and Feta	Refried Bean Quesadilla	Spicy Tofu Fajitas	Sabzi Aur Chana	Curried Mango and Chick Pea
	Black Bean Enchilada	Schezwan Veggie Stir Fry	Broccoli & Cheddar Quiche	Orange Ginger Tofu and Veg	Shahi Daal	Manicotti	Stuffed Portobello Mushrooms
	Zucchini	Broccoli	Mixed Vegetables	Steamed Cauliflower	Lemon Roasted Potatoes	Brown Sugar Acorn Squash	Corn
Grill	Garlic Mushroom Burger with Goat Cheese	Hamburger	Chef Josh's Burger	Hamburger	Cheesy Burger	Hamburger	Burger with
	Grilled Cheese	Italian Sausage and peppers	Grilled Cheese	Chicken Fingers	Grilled Cheese	Buffalo Chicken Burger	Grilled Cheese
	Chicken burger	Salmon Burger	Chili Dog	Grilled Rueben	Fish & Chips	Hot Dog	Cheese Quesadilla
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