



Huron
AT WESTERN

PSYCHOLOGY

Understanding Brain
and Behaviour

LEADERSHIP *with heart*

PSYCHOLOGY

UNDERSTAND HUMAN BEHAVIOUR

PSYCHOLOGY IS THE SCIENTIFIC STUDY OF THE **MIND AND BEHAVIOUR**.

It is a dynamic, exciting field of study that examines phenomena related to human development, motivations, perception and action, memory and cognition, thinking and intelligence, social relationships and emotions, the brain and behaviour — just to name a few!

THE HURON ADVANTAGE

The Psychology Program at Huron offers four B.A. modules of study, with a heavy focus on basic foundational research knowledge. Our emphasis on research skills development starts in the first year and continues throughout the program.

Core research courses focus on the scholarly study of Psychology in various subfields (Learning and Motivation, Cognition, Developmental and Social Psychology), with supplementary elective courses in many diverse topics such as Neuropsychology, Theories of Personality, Health Psychology, Persuasion, Biopsychology, Infancy, Neuroimaging and Behaviour Modification, among many others.

JUSTINE ALBERT | YEAR 4

Psychology

“Psychology at Huron is so well rounded. I’ve always been interested in human interactions, so this was the perfect fit.”



FIRST YEAR: UNLIMITED POSSIBILITIES

Your first year is all about exploration and discovery.

First-year Psychology students take Psychology 1100E, a course that introduces foundational psychological theories and concepts to students, in addition to weekly laboratories in which students actively participate in the research process. In addition to this required first-year course, students are encouraged to try out a wide variety of subjects and disciplines that will complement their learning in Psychology and bring in new research perspectives.

Program options

	Honors Specialization	Specialization	Major	Minor
Psychology	✓		✓	✓

First-Year Courses

INTRODUCTION TO PSYCHOLOGY

An introductory investigation across the field of modern psychological science.

METHOD AND THEORY IN GENERAL PSYCHOLOGY

This first-year course is unique to Huron. It provides students with a survey of the field of psychological science plus active experience with research designs in Psychology, analysis of psychological data, and writing American Psychological Associate (APA)-style manuscripts.

ACADEMIC TRI-MENTORSHIP PROGRAM



This new initiative provides academic mentoring and community building for first-year students, enabling them to work with senior students and faculty members in Psychology and to conduct original, student-driven research projects.

Sample First-Year Timetable

Required courses Elective courses

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30am – 10:30am Math 1228 Method of Finite Mathematics <i>0.50 credit</i>	10:30am – 11:30am Political Science 1020E Intro to Political Science <i>1.00 credit</i>	9:30am – 10:30am Math 1228 Method of Finite Mathematics <i>0.50 credit</i>	11:30am – 12:30pm Political Science 1020E Intro to Political Science <i>1.00 credit</i>	9:30am – 10:30am Math 1228 Method of Finite Mathematics <i>0.50 credit</i>
11:30am – 12:30pm English 1027F The Storyteller's Art I: Introduction to Narrative <i>0.50 credit</i>	1:30pm – 2:30pm Psychology 1100E Method & Theory in General Psychology <i>1.00 credit</i>	11:30am – 12:30pm English 1027F The Storyteller's Art I: Introduction to Narrative <i>0.50 credit</i>	1:30pm – 2:30pm Psychology 1100E Method & Theory in General Psychology <i>1.00 credit</i>	11:30am – 12:30pm English 1027F The Storyteller's Art I: Introduction to Narrative <i>0.50 credit</i>
1:30pm – 2:30pm Psychology 1100E Method & Theory in General Psychology Lab <i>1.00 credit</i>		1:30pm – 2:30pm Political Science 1020E Intro to Political Science Tutorial <i>1.00 credit</i>	3:30pm – 4:30pm Sociology 1020 Intro to Sociology <i>1.00 credit</i>	
3:30pm – 5:30pm Sociology 1020 Intro to Sociology <i>1.00 credit</i>				

As a Huron student, you can combine any program with a minor, major or specialization from another Huron program or a major or minor in many of the programs offered at Western, Brescia or King's, such as:

- Centre for Global Studies
- History
- English
- Philosophy
- Management & Organizational Studies
- Governance, Leadership & Ethics
- Biology
- Sociology
- Health Sciences
- Linguistics



Huron and IVEY

In collaboration with the Ivey School of Business, Huron offers five-year combined degrees, including a combined degree with the Psychology program, in which students earn both an Honors Business Administration (HBA) degree and an Honors Specialization Bachelor of Arts (BA) in Psychology.

huronatwestern.ca/form-centre/ivey

“Psychologists are interested in how experiences can shape behaviour. Teachers are interested in how to optimize learning for students. One of the best things about being a professor at Huron is that I get to be both a psychologist AND a teacher.”

CHRISTINE TSANG, PhD
Chair, Psychology



Huron and HARVARD

As the only university partner in Ontario, Huron students can earn a Credential of Readiness from Harvard’s Online Business School.

huronatwestern.ca/harvard-online



AFTER FIRST YEAR, You Can Study:

- Sensation & Perception
- Method & Theory in Cognition
- Biological Basis of Behaviour
- Learning & Motivation
- Adolescent Risk Development
- Developmental Psychology
- Personality Theory
- Social Psychology
- Neuropsychology
- Personal Relationships
- Behaviour Modification
- Development During Infancy
- Research in Neuroimaging
- Cognition and Aging

FACULTY RESEARCH EXPERTISE

Huron’s faculty are experienced researchers and mentors.

DR. IRENE CHEUNG

Conflict and forgiveness in close relationships; social outcomes of moral dilemmas and decision-making.

DR. MARK COLE

Human and animal behaviour; behaviour therapy; history of psychology.

DR. TARA DUMAS

Peer influence; group dynamics; engagement in risk behaviours in adolescence and emerging adulthood.

DR. CHRISTINE TSANG

Auditory development during infancy; music cognition and speech perception during infancy.

HURON UNIVERSITY JOURNAL OF LEARNING AND MOTIVATION

For nearly 40 years, this student journal has featured independent research studies conducted by undergraduates in our second-year Learning and Motivation course. Hard copies of the journal are housed in the Huron Library and the journal has been published online since 2014.



SCHOLAR’S ELECTIVES: ARE YOU A HIGH-ACHIEVING, SELF-MOTIVATED STUDENT INTERESTED IN PURSUING INDEPENDENT RESEARCH? APPLY TO BE A PART OF THIS COMMUNITY OF SCHOLARS THAT FOSTERS RESEARCH SKILLS AND COLLABORATION.

huronatwestern.ca/scholars-electives-program



BEYOND THE CLASSROOM

Psychology students at Huron have many opportunities to collaborate and work alongside professors as volunteers or paid research assistants. These opportunities can result in co-authored research presentations or papers.

Recent student research assistants have worked on projects such as:

- Moral judgements and decision-making in social contexts
- Effects of maternal interactions on infant vocalizations
- Investigating the role of social groups on risk behaviours in young adults

Research Facilities

On-campus research facilities include an infant and child lab, Social Psychology research lab, Applied Psychology research group and an animal behaviour laboratory.

RECENT STUDENT RESEARCH AND COMMUNITY LEARNING PROJECTS INCLUDE:

- Healthy Behaviours in an Online World – a conference connected to an upper-year Psychology course that allows students to present their research on healthy social media use to high school students
- Collaboration with local not-for-profit organizations to develop community outreach programs;
- Developmental Psychology research studies in local childcare centres connected to a second-year course
- Research on moral judgements in the workplace
- Development of a bullying scale for use with adolescents
- Collaborating with research partners in Norway to conduct cross-cultural studies on the development of creativity

WHAT DO OUR GRADS DO?

OUR STUDENTS HAVE FOUND SUCCESSFUL CAREERS IN:

- Neuroscience
- Audiology
- Midwifery
- Human Resources
- Sport Psychology
- Business Analytics
- Teaching
- Developmental Psychology
- Forensic Psychology
- Dentistry
- Law
- Speech Language Pathology
- Social Work
- Market Research
- Business Management
- Clinical Psychology
- Educational Psychology
- Medicine

“Being able to knock on my professors’ doors and having them know exactly who I am and how I was doing in their class was something you don’t realize makes such a huge difference until you get to experience it.”

JULIA SMITH, Class of 2018; BA, Psychology and French



TRAVEL STUDY



Annually, Huron Psychology students have the opportunity to participate in Huron’s Study Abroad program. In 2019, Justine Albert traveled to Copenhagen, Denmark. During her studies there, Justine developed a research project examining the effects of green space on psychological health, winning a CURL Student Research Fellowship to fund the project over the summer.

Mitacs Globalink Research Awards: Huron is a Mitacs member and Psychology students have the opportunity to travel to Mitacs member countries to work on collaborative multinational research questions. In 2019, Huron Psychology student, Taylor Boyd, won a Mitacs award to fund her third research trip to Norway to further develop her project on teaching creativity in children with our Norwegian research partners.

EARN & LEARN

AT HURON, EVERY STUDENT IS GUARANTEED A PAID INTERNSHIP and volunteer positions to help you build valuable experience. Recent examples of internships held by Psychology students include:

- Research Assistant with Huron faculty
- Intern at Canada Border Services
- Writing Tutor
- Youth Counsellor, YMCA

RECENT VOLUNTEER OPPORTUNITIES INCLUDED POSITIONS AT:

- Huron Diocese Archives
- London Food Bank
- Goodwill
- Psychology Lab
- Mentorship Program
- MyEnviro Commissioner



GET INVOLVED!

HURON PSYCHOLOGY ASSOCIATION

THE HURON PSYCHOLOGY ASSOCIATION (HPA) IS A STUDENT CLUB THAT ORGANIZES SOCIAL EVENTS SUCH AS PSYCHOLOGY-THEMED MOVIE NIGHTS, CAREER INFORMATION SESSIONS, STRESS AND WELL-BEING WORKSHOPS, FACULTY MEET-AND-GREETINGS AND STUDY SESSIONS.

Challenging our students to be

LEADERS

with

heart

AWARDS & SCHOLARSHIPS

In addition to awards open to students in all disciplines, students of Psychology at Huron are eligible for numerous special awards and scholarships, including:

- The Fourth-Year Honours Psychology Bursary
- The Professor Frederick Walter Burd Prize in Psychology awarded annually to the student with the highest standing entering the Honors Specialization program in Psychology
- The Professor Mark R. Cole Award in Experimental Psychology
- The Sabina Cole Memorial Prize in Biopsychology
- The Dr. Stephen Erdle Award in Quantitative Psychology
- The Dr. Nelson Heapy Award in Social Psychology
- The Dr. Moira Sansom Award for Excellence in Psychological Research awarded annually to the student with the best Honors B.A. thesis
- The Hamish Macdonald Prize for First Year awarded annually to the student with the highest grade in first year Psychology



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